

Lake Simcoe Public School **NEWSLETTER** - February 2024

1701 Webster Blvd, Innisfil, Ont, L9S 4W2 Email: LASOffice@scdsb.on.ca

Tel: 705-431-0668

Safe Arrival: 1-888-885-8065

Safe Arrival Email: LASAttendance@scdsb.on.ca

Instagram: Lake Simcoe Instagram

IMPORTANT UPCOMING DATES

| DATE | DESCRIPTION |
|--------|--------------------------------|
| Feb 14 | Valentine's Day Dance |
| Feb 16 | Term 1 report cards go home |
| Feb 19 | Family Day - No School |
| Feb 21 | Grade 8 Graduation Picture Day |
| Feb 28 | Spirit day - Beach Day |

SCHOOL DAY SCHEDULE

Supervision Starts 9:00 am School Starts 9:15 am

Class Time 9:15-10:55 am Recess/Snack Time 10:55-11:35 am Class Time 11:35-1:15 pm Recess/Lunch 1:15-1:55 pm Class Time 1:55-3:35 pm Dismissal 3:35 pm

DAYS OF AWARENESS - February

Please review the Days of Awareness for February: SCDSB-Days-Of-Awareness_final.pdf (sharpschool.com)

BLACK HISTORY MONTH

The Simcoe County District School Board (SCDSB) recognizes and celebrates Black History Month every February. The SCDSB is committed to improving equity of access, positive identity-affirming experiences and opportunities for Black students, staff, and parents/guardians, and to creating a safe and caring learning environment that promotes the human rights of students, staff, and parents/guardians. The initiatives undertaken by the SCDSB have been embedded in teaching and learning at all school levels, and centrally, for Black History Month and throughout the year. Follow the SCDSB on social media to see how schools are recognizing Black History Month and celebrating Black excellence.

REMINDER: SAFE ARRIVAL SYSTEM FOR SCDSB SCHOOLS - CALL 1-888-885-8065 TO REPORT AN ABSENCE

This school year, the Simcoe County District School Board (SCDSB) launched a new Safe Arrival system at elementary schools. This system supports us in continuing to improve our home-to-school communication process and streamlines absence reporting. To report a student absence, call 1-888-885-8065. Callers will be prompted to identify the school before leaving a message. Parents/guardians should include the student's name, teacher's name, dates, and reason for the absence. When schools do not hear from a parent/guardian, and a student is absent, the school will call home to find out the reason for the absence. If you have questions about the system, please contact the school office.

NOTES FROM THE OFFICE

- It is important for your child to learn good work habits, which include arriving at school on time. Being late frequently is a major disruption to the learning of others (as well as your own children). Supervision starts at 9:00 a.m. Students arriving after 9:15 a.m. must sign in at the office and get a late slip. Classes start at 9:15 a.m.
- Our school dismissal time is 3:35 p.m. We appreciate all your efforts in making appointments after school hours.
- If you need to pick up your child(ren) early, please send a note or email to their teacher in the morning so that they can make arrangements to have your child in the office.
- Please try to send all the student's items with them each morning to limit classroom disruption. If you need to reach your child during the school day, please call the office and not the student.
- Families, we want to take a moment to remind you of the importance of ensuring that our students do NOT arrive on school property prior to 9:00 am each morning. In addition to there not being any supervision until that time, construction is underway on our school grounds before the start of our supervision hours. This requires strict adherence to the school's arrival times. Our top priority is the safety and well-being of our students, and we want to ensure that they are not exposed to any potential hazards or risks associated with being left alone, or associated with construction activities. We kindly request your cooperation in this matter.

CANDY GRAMS

"Spread joy this Valentine's Day with our sweetest candy gram! For \$1.00 students can send a surprise treat to their friends that will be delivered on February 14th. This delightful delivery includes a festive pencil and popping candy for a burst of fun. Make every note pop with friendship and sweetness! All profits raised will be going towards the intermediate end-of-the-year trips."



VALENTINE'S DAY DANCE



Back by Popular Demand!

On Wednesday, February 14th, Lake Simcoe will be hosting a school dance for our students! Once again, we will be offering families the opportunity to pre-order treat bags for their JK - Gr 3 students for \$4.00. Bags will be delivered to the classrooms on the day of the dance, ensuring that students who desire concessions can enjoy them without spending precious dance time waiting in long lines! Each treat bag includes a packet of chips, a juice box, and a bag of ten-cent candies.

Orders for treat bags will need to be submitted by February 11th to ensure that the intermediate students have enough time to assemble the goodies! For students who are unable to pre-order, or miss the window, concessions will still be available to purchase at the dance.

POPCORN

Everyone's favourite salty snack is back at the Lake! Popcorn is once again being offered at Lake Simcoe for student's to purchase for \$2.00 a bag every Tuesday and Thursday! Students will be able to choose from five flavours: White Cheddar, Butter and Salt, Dill Pickle, Salt and Vinegar, and Sweet and Salty.



COMMUNICATION TO FAMILIES REGARDING INCLEMENT WEATHER DAYS

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the **Central** Zone. When buses are cancelled, schools remain open for student learning, unless otherwise noted. School staff are expected to plan for such emergencies to transition students who are unable to attend due to inclement weather, to their online platforms (Google Classroom and/or SCDSBhub [Brightspace by D2L]) and continue with academic programming. It is always a family decision whether or not it is safe for their child(ren) to leave for school under severe weather conditions.



The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter <u>@SCSTC_SchoolBus</u> for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: https://scstc.ca/Subscriptions/Login.aspx

HIGH SCHOOL INFORMATIONS EVENTS FOR GRADE 8 STUDENTS

Is your child starting Grade 9 next year? High school information events will take place in person this winter! Student leaders and staff at the school will give an overview of what's new and what to expect. Learn about courses offered, as well as information about teams and clubs. Please visit the SCDSB website at www.scdsb.on.ca/secondary/planning_for_high_school to find details on your high school's info night, and contact the school directly for more information.

KINDERGARTEN REGISTRATION FOR SEPTEMBER 2024 IS OPEN!

Kindergarten is the beginning of a wonderful journey of learning, and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2024? If so, we invite you to register your child for Kindergarten. To register online or for more information visit: www.scdsb.on.ca/kindergarten.

SUBSCRIBE TO KINDERGARTEN CONNECTIONS!

Will your child be turning four in 2024? If so, the SCDSB invites you to Kindergarten Connections! This is a monthly newsletter informing families of everything they need to know about preparing their child for school, as well as registering them for Kindergarten in the SCDSB. To learn more and subscribe, visit the Kindergarten page on the SCDSB website: www.scdsb.on.ca/elementary/planning for school/kindergarten.

LEARNING SERIES FOR PARENTS/ GUARDIANS WITH PINE RIVER INSTITUTE

Mental health and well-being continue to be a key strategic priority within the SCDSB. We are pleased to continue our partnership with the Centre for Family Initiatives at Pine River Institute (CFI@PRI) to provide several curated learning sessions focused on student mental health and well-being to SCDSB families.

There are 8 webinars specifically planned for parents/guardians and other caregivers during this school year. The remaining webinars are:

Feb. 8, 2024 Self-regulation for kids
Feb. 22, 2024 Self-regulation for teens
March 28, 2024 Building parents' resiliency
April 18, 2024 Vaping, weed, and alcohol

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the SCDSB website: https://bit.ly/3jGaC74.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at www.pineriverinstitute.com.

PARENTS' GUIDE TO ASSESSMENT, EVALUATION AND REPORTING

Learn to navigate the world of assessment, evaluation, and reporting with this new guide for parents/guardians. Created to support parents'/guardians' understanding of assessment, this guide was designed to effectively empower you to actively engage in your child's educational journey. The guide has been posted to the Simcoe County District School Board's website and can be accessed at

https://cdnsm5-ss14.sharpschool.com/UserFiles/Servers/Server_210898/File/Secondary/Parents-Guide-to-Assessment.pdf

SUBSCRIBE TO COMMUNITY CONNECTS

The Simcoe County District School Board (SCDSB) is excited to launch Community Connects, a new bimonthly newsletter for the SCDSB community. Our shared goal with this new tool is to keep our community partners and stakeholders informed while nurturing relationships that are built on accountability, trust, and transparency.

To learn more and subscribe, visit the Community Connects page on the SCDSB website: https://www.scdsb.on.ca/community/community/connects.

HOW IS YOUR INFANT, TODDLER OR PRESCHOOL CHILD DEVELOPING?

Is your child meeting their milestones? Age-appropriate speech and language skills are critical to your child's ability to read, write, and be successful in school as well as to their ability to engage with their peers. Free services are available to support you with your child's development. Preschool speech and language programs are located across the County of Simcoe. Call 705-739-5696 or 1-800-675-1979 to complete a developmental screen. The earlier we work together the better!

CHILD CARE PROGRAMS AVAILABLE ON PA DAYS, HOLIDAYS AND MARCH BREAK

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer childcare on PA days and holidays, including over the March Break (March 11 to 15). Registration in advance is required. Please contact the childcare operator directly to discuss fees and to register. For more information and contact numbers, please visit: https://www.scdsb.on.ca/elementary/planning for school/childcare before after.

SCHOOL PLAYGROUND STRUCTURES CLOSED FOR THE WINTER

Every winter, school playground structures are closed. Students are made aware of this during school hours through announcements and staff reminders during breaks. This may not be well known throughout the community, despite signs indicating that playground structures are a winter hazard and are closed. The Canadian Standards Association regulations make recommendations for the depth of ground cover required to minimize injuries (e.g., sand, pea gravel or wood chips). These surfaces cannot be maintained when the ground freezes. Injuries from falling would be more significant on frozen ground. We strongly recommend that you do not allow your children to play on any structures while the ground is frozen.

MENTAL HEALTH STRATEGY OF THE MONTH- JUST BREATHE

Well-being is a Strategic Priority in the Simcoe County District School Board, and our mental health and well-being department provides monthly strategies to support student and family well-being.

This month's strategy is *Just Breathe*. The purpose of this strategy is to help students develop a mind/body connection, self-regulation, awareness of emotions, and resiliency by practising deep breathing.

To practice *Just Breathe* at home, follow these steps:

- · Place your hands flat on your stomach or pay attention to your stomach.
- As you breathe deeply in through your nose, send this breath all the way to your stomach.
- · Feel your stomach expand and your hands move out.
- · Breathe out. Feel your stomach contract and your hands move in.
- · Repeat 5-6 times.

Practice deep belly breathing any time you feel stressed or upset. Find more information to support your child's mental health here: https://smho-smso.ca/parents-and-caregivers/.

Follow the Mental Health and Well-being social media accounts (@SCDSB_MHWB) to see how well-being is being supported in our schools.

CREATING SAFE AND HEALTHY SCHOOLS

A healthy school supports children to reach their full health and learning potential. There are many ways for you to get involved in creating a safe and healthy school for your child. Here are some ideas:

- Talk with your child about what they are learning at school and find ways to role model or reinforce the health messages at home.
- Stay informed about your child's school through the school website and social media platforms
- Get to know your child's friends, other parents, and staff from the school and communicate often.
- Volunteer to participate on a committee that helps organize healthy activities for the school community. Contact your child's school or your local public health unit to get started.

Looking for more parenting support? Speak with a public health nurse by calling 705-721-7520 or 1-877-721-7520 or visit www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit.

NEW MATH AT HOME ONLINE RESOURCES FOR FAMILIES

The Simcoe County District School Board (SCDSB) Math team is excited to launch Math at Home, an online resource for parents/caregivers of SCDSB students from ages 0-16. Math at Home provides the following information and resources to support math learning:

- Math games to play at home
- Links to digital math games
- Practice opportunities
- Real world math connections
- Math mindset

Math at Home will be updated monthly to include new math games, problems, and number talks. Visit www.scdsb.on.ca/MathAtHome to begin supporting your child's math learning at home!

EARLYON CHILD AND FAMILY CENTRES

The foundation for lifelong learning and health is built in the early years. EarlyON Child and Family Centres across Simcoe County offer programs for children prenatal to six years of age and their parents/guardians and caregivers. They offer access to play- and inquiry-based learning supported by *How Does Learning Happen?* Ontario's pedagogy for the early years, information on child development and developmental screening including Early Referral Identification Kits (ERIKs), parent/guardian education, referrals to community resources, nutrition information, and post-natal resources. Check with your local EarlyON provider: https://linktr.ee/earlyonsimcoe.

FOSTER FAMILIES NEEDED IN YOUR COMMUNITY!

Children in our community need you! We have an urgent need for foster homes in Simcoe Muskoka. We are looking for diverse foster care providers who understand children's needs. Our needs are diverse and range from babies to teens. Open your home to a child/youth and receive training, support, and between \$85 and \$155 per child and per day. Do you know anyone who may be interested? Visit https://familyconnexions.ca/fosterconnexions/ to inquire, apply, and for more information. You may also call 705-726-6587 ext. 4.

Information provided by Simcoe Muskoka Family Connexions.

MATH AT HOME PARENT AND CAREGIVER SERIES

It's back! The SCDSB math team is pleased to offer three virtual sessions for parents and caregivers of SCDSB students. These sessions will focus on practical and fun ways to support children with their mathematics learning and engagement at home. The first 200 registrants will receive a Math @Home kit of resources to use at home. Participants must pre-register for each of the sessions.

EXPLORING THE NEW SCDSB FAMILY MATH RESOURCES

Tuesday, Feb. 6, 2024, 7 to 8 p.m.

This session is for parents and caregivers. Join members of the SCDSB math team for a guided exploration of the new SCDSB family math resources. Participants will have the opportunity to explore the resources that are available to support their child's math learning at home. The guided portion of the session will be 45 minutes in length. During the final 15 minutes, the math team will be available to answer questions about the resources available.

TIPS FOR ENGAGING IN MATH CONVERSATIONS WITH YOUR CHILD AT HOME

Wednesday, Feb. 28, 2024, 7 to 8 p.m.

This session is for parents and caregivers and will explore opportunities to discuss math with their child(ren) at home. Participants will learn about how events such as shopping, preparing food, engaging in a building project, or going for a walk can be used as a starting point for math conversations, and will receive prompts to get the discussion rolling. The guided portion of the session will be 45 minutes in length. During the final 15 minutes, the math team will be available to answer questions about the session.

GAMES TO SUPPORT YOUR CHILD'S MATH LEARNING AT HOME

Thursday, April 4, 2024, 7 to 8 p.m.

This session is for parents, caregivers, and their children. Playing games at home is a great way to support child(ren)'s math development. In this session, several games will be explored, and participants will have the opportunity to try the games with their children during the session. The guided portion of the session will be 45 minutes in length followed by 15 additional minutes for further game play or to ask questions of our math facilitators. Bring your child(ren) and your math kit to this session!

Participants must pre-register for the sessions they wish to attend. Registered participants will receive a kit of hands-on resources that will be sent to the school indicated on the registration form. Use this link to register: https://bit.lv/24MathAtHome.

INTERESTED IN LEARNING MORE ABOUT THE WAYS SCDSB SUPPORTS STUDENTS WITH SPECIAL EDUCATION NEEDS AND THEIR FAMILIES?

Join us for a virtual special education information series

During the 2023-24 school year, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/guardians in learning more about programs, supports, and ways that we work together to support students with special education needs.

Transition planning Feb. 13 6:30 to 7:30 p.m.

Reading strategies March 19 6:30 to 7:30 p.m.

Supporting students with Autism Spectrum Disorder (ASD) April 16 6:30 to 7:30 p.m.

Every day mental health strategies May 14 6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website:

www.scdsb.on.ca/elementary/special education/special education outreach sessions.

REGISTRATION IS NOW OPEN FOR SUMMER eLEARNING!

The Simcoe County District School Board (SCDSB) is offering summer school courses in July 2024 (elearning) and travel for credit courses in both July and August for current high school students or adult learners who are interested in earning a new credit or upgrading a previous mark. Students can advance online learning skills, earn missed credits or fast-track preparation for graduation or post-secondary in just four weeks. eLearning is fully supported by certified teachers who are available electronically daily.

Summer school program details can be found on the Learning Centres website at https://www.thelearningcentres.com/programs/summer_school.

EDUTravel programs are offered in a variety of destinations including Canada, USA, and Europe. For more information including costs, destinations, credits, and dates of commitment, please visit: www.edutravelforcredit.com.

SUMMER eLEARNING OPPORTUNITIES FOR STUDENTS ENTERING GRADE 9!

The Simcoe County District School Board (SCDSB) is offering summer school eLearning courses in July 2024. Current Grade 8 students wishing to reach ahead and earn a credit before high school can now register through their elementary school principal. eLearning is fully supported by certified teachers who are available electronically daily. Available courses include:

CGC1D – Grade 9 Geography
PAF1O – Grade 9 Personal Fitness
CHV2O & GLC2O – Grade 10 Civics and Careers
CHC2P – Grade 10 Applied History
CHC2D – Grade 10 Academic History

Summer school program details can be found on the Learning Centres website at www.thelearningcentres.com/programs/summer_school.

DEVELOPING FLUENCY THROUGH REPEATED READING

Fluency, the ability to read smoothly, accurately, and with expression, is a fundamental skill that significantly impacts a child's overall reading proficiency. When children read fluently, they can focus more on comprehension and understanding the meaning behind the words, rather than struggling with decoding.

Repeated reading is a highly effective strategy that involves a child reading the same text multiple times. This method aims to enhance fluency, comprehension, and overall reading proficiency. By revisiting a text, readers become more familiar with the words and structure, leading to increased speed and accuracy. Additionally, repeated reading allows children to focus on expression and intonation, promoting a more natural and engaging reading style. This approach is particularly beneficial for struggling readers, as it builds confidence and reinforces word recognition. As parents/guardians, incorporating repeated reading into your child's routine not only reinforces the joy of reading but also cultivates a strong foundation for improved fluency and comprehension skills over time.

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Information provided by Simcoe Muskoka Family Connexions.

ONLINE LURING AND GROOMING

As part of our shared commitment to educating our students about digital citizenship and cyber awareness, this month we are highlighting online luring and grooming. The following info sheet has been created by the Educational Collaborative Network of Ontario (ECNO) to overview:

- · What online luring and grooming is
- Commonly used tactics that online predators use
- Helpful tips to stay safe
- How to report if necessary

Info sheet

:https://ecno.org/wp-content/uploads/2023/09/ECNO-CAM-Calendar-23-Aug3023_GroomingLuring.pdf

For additional activities and information, please refer to the digital citizenship resources for parents/guardians that are available on the Safe Schools page on the SCDSB website (www.scdsb.on.ca/elementary/safe_schools). The Ministry of Education has also provided information and resources in PPM 166 Keeping Students Safe: Policy Framework for School Board Anti-Sex Trafficking Protocols:

<u>www.ontario.ca/document/education-ontario-policy-and-program-direction/policyprogram-memorandum-166.</u>

STAY HEALTHY THIS SCHOOL YEAR

COVID and other respiratory infections can spread easily from person to person. These germs can spread quickly when someone coughs or sneezes directly on another person, or when germs land on hard surfaces like doorknobs, desks, and keyboards and then are touched by someone else. These germs can then enter the body through the eyes, nose, or mouth.

The most important thing you can do to keep from getting sick and stop the spread of germs is to wash your hands. Wash with soap and warm running water for at least 15 seconds (or try singing Happy Birthday twice). If your hands are not visibly dirty you can use alcohol-based hand sanitizer for 15 seconds. Also, make sure you are up to date with your immunizations, cover coughs and sneezes, and stay home if you are sick. Teach your kids to do the same!

REGISTER YOUR CHILD WITH THE YMCA'S ESCAPE IN THE LANDSCAPE PROGRAM

Register your child for an outdoor education experience like no other. The YMCA of Simcoe Muskoka's Escape in the Landscape program offers nature immersion activities led by qualified staff for children ages 4-12. Through experimentation, peer-to-peer learning, and storytelling, your child will be encouraged to discover new experiences and skills, all while making lasting friendships and developing a love of the great outdoors.

During this memorable program, your child will:

- Learn about the land and how to be environmental caretakers.
- Connect with nature and build self-confidence.
- Improve their mental and physical health.
- Be curious, resilient, and motivated to make a difference.

The program runs for eight weeks from March to April 2024 and is offered in Alliston, Innisfil, Midland, Wasaga Beach, and Barrie.

Cost:

Ages 4-6: \$125.00

Ages 7-12: \$175.00

For more information and to register, visit https://ymcaofsimcoemuskoka.ca/escape-in-the-landscape/.

Information provided by the YMCA of Simcoe Muskoka.

The goal of this program is to meet the needs of youth through a therapeutically supported parenting approach within a structured environment, where they are supported and guided by a multi-disciplinary treatment team. The youth will remain, or become connected to, their family/kin/community whenever possible. Treatment services will be individualized based on the needs of the youth, and the knowledge of those who know the youth best in collaboration with community partners. This will allow youth to reside in a family-based setting and remain in their home community of Simcoe Muskoka, staying connected to important relationships and supports that may already be in place.

The homes approved under this strategy are designed to create clinically informed care plans that will support the youth directly, in addition to the continued support of their care providers. Youth will be supported by a multi-disciplinary team and will be available to implement and design parenting and support to address the needs of the youth.

Compensation packages will be offered to experienced foster care providers, as well as clinical support to both care providers and youth.

If you or someone you know is looking for more information or would like to apply, contact Simcoe Muskoka Family Connexions by email at bruna.figliuzzi@familyconnexions.ca or call 705-716.4664.

Information provided by Simcoe Muskoka Family Connexions

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